

OPEN 10-MILE TIME TRIAL

Promoted for and on behalf of Cycling Time Trials under their rules and regulations by



ROYAL SUTTON C.C.
SUNDAY 18TH MAY 2014
FIRST RIDER OFF AT 14.01 PM

TIMEKEEPERS: Mike Howard, Peter Chronicle

EVENT SECRETARY: Jon Ellis 10 Wheatsheaf Close, Sutton Coldfield, B75 5TW. 07920 130 041

HEADQUARTERS: Dunchurch Sportsfield & Village Hall, Rugby Road, Dunchurch, CV22 6PN
PLEASE SIGN ON AND COLLECT NUMBERS AT THE HQ. PLEASE NOTE THERE IS LIMITED PARKING AT THE HQ, OVERFLOW PARKING IS AVAILABLE AT DUNCHURCH PARK HOTEL, NEXT DOOR TO THE HQ

AWARDS:

1st Fastest Rider: £30

2nd Fastest Woman: £20

2nd Fastest Rider: £20

Most improved on / closest to LTS: £15

3rd Fastest Rider: £15

1st Fastest Team of 3: £30

1st Fastest Woman: £30

Course Record: £50

No more than one prize per rider, except course record and team. Prizes will be posted.

Course Details – K11/10T THURSLASTON - RYTON

Start at 2nd catseye from the far end of first A45 layby west of A45/M45 Thurlaston island. At B4455 (Fosse way) island take 2nd exit (A45) (3.146M). At A445 island encircle to retrace (third exit) (A45) (4.776M). Past island at junction with B4455 (Fosse way) (6.384m). At M45 island turn left (B4429) (9.649M). Finish at the kirb joint (Marked in yellow) the third joint back from the sloping kirbstone at the entrance to Cherry Tree Cottage almost opposite Main Street to Thurlaston (10M).

INFORMATION FOR COMPETITORS

Please familiarize yourself with the course as not all junctions will be marshalled, but will be signposted - <http://www.midlanddc.org.uk/courses?area=K11&course=K11/10T>

Start: The start is approximately 2 miles and the finish is approximately 1.5 miles from the HQ.

Refreshments: Hot and cold drinks and light refreshments will be available at the clubhouse from 13.00 hours continuously until the end of the event. Free drink in exchange for number.

IN THE INTEREST OF YOUR OWN SAFETY: Cycling Time trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets the internationally accepted standards.

Please exercise great care at the junctions, obey the rules and keep your head up at all times.